

Too Busy To Cook? Tired of Eating Junk?



The Busy Chef has your solution.

We do the work you don't have time for.



the **BUSY CHEF**

Cooking made easier.

www.vtbusychef.com
802-878-0770





Our NECI-trained chef puts together interesting menus that change each month. Each day we shop for the freshest ingredients and do the time-consuming chopping, peeling, marinating and clean up so you don't have to.

Make 12 Delicious Meals in 2 hours

In the time it takes to eat one meal out you'll have 12 dinners ready to store in your freezer. If that's more than you need, you can make 6 meals in 1 hour. Either way, you'll eat well and save time for the rest of your busy life.

For What You'd Spend on Pizza

Each meal costs about what you'd spend on pizza. Instead, you'll enjoy wholesome meals featuring fresh local ingredients.

How Does It Work?

- You select your meals, schedule a session and pay.
- We buy and prepare your ingredients before you arrive.
- You spend 2 hours preparing 12 meals at The Busy Chef.
- We offer help and advise and take care of the cleanup.
- You leave with 12 meals to put in your freezer.

How Involved is the Cooking at Home?

We know that sometimes you only have time to pop a meal in the oven, while other times you'd like to be more creative. We show you what each meal requires so you choose how involved you want to be.

How Do I Get Started?

Visit www.vtbusychef.com to look at this month's menu and view available sessions.
Or call us at 802-878-0770.

The Busy Chef
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